

## Choosing a Confirmation Name...



Choosing a saint name is an essential part of Confirmation and it is an acknowledgement that the Holy Spirit will change you through the grace of this sacrament. We see in Scripture that Jesus changed the name of some of his disciples to signify that their role had been changed and that they were becoming, in a sense, a new person. I.E. Saul became Paul and Simon became Peter.

When choosing a saint, you should choose someone who exemplifies a quality that you wish to have. You should also be asking for the prayers and intercession of the saint that you choose. If you're an animal lover, perhaps you wish to have the love and compassion of St. Francis. If you admire purity, maybe St. Maria Goretti, virgin and martyr, would be a great intercessor.

There are thousands of saints that are acknowledged for a wide variety of reasons. Pick a saint that you admire and wish to be like. When the Holy Spirit descends upon you at Confirmation, it will be a time of transformation and new beginnings.



There are many great resources available to help you find the right Confirmation name; [www.catholic.org/saints](http://www.catholic.org/saints) is a great place to start.

**Please have your name chosen and your project completed by October 10, 2009.  
You will be presenting this in your small groups at the Confirmation retreat.**

An important part of our Catholic faith is sharing and community. After you have selected a Saint name please prepare the following information and bring it on retreat (October 10, 2009). You will be expected to share your saint with some of your peers!

- \*Saint's name chosen?
- \*When was he/she born? Where did he/she live?
- \*What made them stand out? (Were they well-liked or persecuted?)
- \*When and how did they die?
- \*What are they patron saint of? (I.e. sports, animals, bee keeping, etc.?)
- \*When were they canonized and by who (which pope)?
- \*Why did you pick this particular saint?
- \*What do you have in common with this saint?
- \*In what way, and why, do you aspire to be like this saint (just choose one attribute).
- \*Does this saint have any common prayers associated with them?  
(Ex. Prayer to St. \_\_\_\_\_ or Litany to St. \_\_\_\_\_)
- \*If possible, please bring a picture too!